
M A S S A G E S

RANCHO SANTA FE MASSAGE

Let your mind and body escape reality. This massage uses light, long strokes to relieve stress, reduce tension and increase circulation.

DEEP DISCOVERY

This targeted massage uses focused, deep work to reduce muscle tension and inflammation. This treatment aids in muscle recovery and will help to increase your range of motion and flexibility. The 80 minute option is ideal for those looking for more focused work.

COUNTRY BLEND

Based on your needs, your massage therapist will customize a masterful blend of healing hands, warm stone back massage and dynamic blends of essential oils to create the perfect path to bliss. This treatment is deeply relaxing and rebalancing. Includes an aromatherapy scalp massage.

THE RANCHER MASSAGE

These specialized maneuvers designed specifically for men, relieve stress while restoring physical and mental well-being. This full-body massage specifically targets joint blockage and muscular tension in the shoulders and upper back. This treatment also includes a warm detoxifying back mask and stimulating scalp massage to soothe tension and improve circulation.

THE INN-TUITIVE

Discover the healing and deep relaxation of this unique treatment specialized for women. A combination of massage techniques with an aromatic blend of essential oils that will relax, calm and emotionally balance the mind and spirit. Treatment includes hand and foot reflexology plus an acupressure point face massage.

PREGNANCY MASSAGE

A maternity massage that relieves back pain, improves sleep and mood and decreases stress and edema. The utmost care is given to your comfort level by using professional body-support cushions. A soothing blend of rose oils replenishes your skin and soothes your soul. Appropriate for 2nd and 3rd stages of pregnancy.

RANCH & GROVE BODY TREATMENT

This hydrating body treatment revives and reveals your skins own natural beauty. Our organic blend of aromatherapy oils and pure cane sugar will gently buff and smooth away dull dry skin. A luxurious application of rich lotions will deeply moisturize and leave you feeling refreshed and glowing. Extend to an 80 minute service to include a full body Swedish massage.

ROSE PETAL BLISS BODY TREATMENT

Surround yourself with the comforting aromas of Rose. This 80-minute service includes our Rancho Santa Fe massage, a Rose Petal sugar foot scrub and Rose Absolut Shea Butter hand treatment.

HEMP BODY TREATMENT

A refined fragrance of Italian Hemp oil combined with Sicilian Citrus, Bitter Orange, Sage and spices makes this body treatment a unique experience. Enjoy a treatment of utmost renewal and well-being with the added benefit of Hemp being the most versatile of natural antioxidants.

F A C I A L S

STARLET FACIAL

A truly rejuvenating and luscious experience that combines powerful anti-aging serums with a mesmerizing massage, perfect for all skin types. The antioxidant power of green tea and Vitamin C soothe the skin while combating UV damage and premature aging. Every step of the treatment rejuvenates the soul with our signature soothing massage. The 80 minute version includes an extended massage of the hands, feet and scalp.

COUNTRY A'PEEL

An intermediate peel, this is the perfect starting point or booster to a skin lightening treatment. This facial includes a fermented pumpkin-enzyme exfoliation packed with Vitamin A, a brightening serum, Vitamin C, and anti-aging botanicals, resulting in a luminous and vibrant complexion. Avoid sun exposure for 24 hours following treatment.

THE SWEETEST THING

Nourish and restore your sensitive skin with blended oils and customized masks tailored to treat your specific skincare needs. An aromatherapy head, neck and shoulder massage accompanies this hydrating treatment.

NOSTALGIA

This luxuriously powerful treatment combines organics with cosmeceutical grade ingredients to deliver cell renewal and nourishment to the skin. An oxygen infused mask, skin firming peptides, and microcurrent technology will help to minimize fine lines, build collagen and elastin, and restore skin's radiance.

N A I L S

HERBAL MANICURE AND PEDICURE

True beauty lies in simplicity. This aromatic manicure and pedicure begin with a meticulous nail grooming; a relaxing hand massage using essential oils and perfect polish application or have your nails finished with a natural buff. This is a great choice for both men and women. Shellac manicures also available.

COUNTRY ELEGANCE PEDICURE

This indulgent pedicure starts with a relaxing foot soak and moisturizing foot scrub. Your feet and legs are massaged then enveloped in a warm paraffin treatment. This pampering treatment also includes complete nail care and ends with your choice of polish or buff.

GELS NAILS

Create an artificial extension to your natural nail.

SHELLAC MANICURE

Polish cured in a UV light to last 7-10 days.

E N H A N C E M E N T S

EUCALYPTUS SINUS RELIEF | \$35

Highly aromatic Eucalyptus oil enhances a stress relieving neck and shoulder massage, while a pressure point massage focusing on the face and scalp provides immediate relief for anyone who suffers from sinus congestion, headaches and stress.

ARNICA MINT REFLEXOLOGY | \$40

Add a soothing foot massage to your service to refresh overworked feet.

ORANGE GROVE HOT OIL HAIR AND SCALP TREATMENT | \$25

Soothing, aromatic scalp massage with warm clementine oil will bring healthy shine and luster to your hair.

NUFACE LIFTING TREATMENT | \$35

Microcurrent technology provides immediate lifting results, perfect for a night out.

OXYGEN TREATMENT | \$45

Boosts collagen production, reduces fine lines and wrinkles, improves the skins elasticity, and reduces redness.

COPPER TUB HERBAL SOAK | 25 minutes | \$35

This truly pampering treatment enhancement is intended to be enjoyed in addition to your massage or facial. Bask in the healing benefits of copper in our serene outdoor bath. Feel revitalized and renewed as you soak in an antioxidant-rich blend of aromas, herbs and spices.

LAVENDER FOOT SCRUB | \$25

This truly pampering treatment enhancement is intended to be enjoyed in addition to your massage or facial. Bask in the healing benefits of copper in our serene outdoor bath. Feel revitalized and renewed as you soak in an antioxidant-rich blend of aromas, herbs and spices.

I N F O R M A T I O N

SPA RESERVATIONS & CANCELLATIONS

To speak with a spa coordinator and create your perfect spa experience, please call 858.381.8255. We ask that all cancellations and appointment changes be made by 5:00pm the day prior to your scheduled service. A cancellation charge of fifty percent of the treatment cost will be processed for late cancellations.

SPA ARRIVAL

We ask that you arrive at least 10 minutes prior to your service so you can shower and change into your robe and sandals. To ensure that all guests receive their full treatment, late arrivals will end at the scheduled time.

GRATUITIES

For your convenience, an adjustable 20% service charge is automatically applied to all services. This fee will cover gratuities for all staff who serve you during your treatment and can be adjusted based on the service you experienced.

SPA FACILITIES

We provide shower and vanity amenities for your convenience. We have indoor and outdoor co-ed lounges for you to enjoy before and after your treatments. Complimentary access to the Inn's private pool, Jacuzzi and fitness area.

S P A P R I C I N G

MASSAGES

Rancho Santa Fe Massage	50 minutes	\$130
	80 minutes	\$180
Deep Discovery	50 minutes	\$140
	80 minutes	\$190
Country Blend	50 minutes	\$140
	80 minutes	\$190
The Rancher Massage	80 minutes	\$180
The Inn-tuitive	80 minutes	\$180
Pregnancy Massage	50 minutes	\$135
	80 minutes	\$185
Ranch & Grove Body Treatment	50 minutes	\$130
	80 minutes	\$180
Rose Petal Bliss	80 minutes	\$180
Hemp Body Treatment	50 minutes	\$130
	80 minutes	\$180

IN-ROOM TREATMENT

FACIALS

Starlet Facial	50 minutes	\$130
	80 minutes	\$180
Country A'Peel	50 minutes	\$150
The Sweetest Thing	50 minutes	\$140
	80 minutes	\$190
Nostalgia	80 minutes	\$185

NAILS

Herbal Manicure	40 minutes	\$50
Herbal Pedicure	55 minutes	\$65
Country Elegance Pedicure	75 minutes	\$80
Gel Nails Full Set	80 minutes	\$80
Gel Nails Fill	80 minutes	\$75
Shellac Manicure	45 minutes	\$55
French Manicure	15 minutes	\$20
